



April 1, 2019

**Re: AIM Specialty Health Clinical Guidelines update – Sleep Disorder Management**

Dear Provider:

Anthem Blue Cross and Blue Shield and our subsidiary company, HMO Nevada (Anthem), is writing to inform you of the following updates to the AIM Specialty Health® (AIM) Clinical Guidelines. AIM is a separate company.

Effective for dates of service on and after June 29, 2019, the following updates will apply to the AIM Sleep Disorder Management Clinical Appropriateness Guidelines.

- Reconfigured structure of BPAP with and without back-up rate feature criteria for patients with established central sleep apnea (CSA)
- Removed the criteria to try rate support for CSA

As a reminder, ordering and servicing providers may submit pre-certification requests to AIM in one of several ways:

- Access AIM **ProviderPortal**<sup>SM</sup> directly at [providerportal.com](http://providerportal.com). Online access is available 24/7 to process orders in real-time, and is the fastest and most convenient way to request authorization.
- Access AIM via the Availity Web Portal at [availity.com](http://availity.com)
- Call the AIM Contact Center toll-free number: 877-291-0366, Monday–Friday, 7:00 a.m.–5:00 p.m. PT.

Please note, this program does not apply to FEP.

For questions related to guideline updates, please contact AIM via email at [aim.guidelines@aimspecialtyhealth.com](mailto:aim.guidelines@aimspecialtyhealth.com). To access and download a copy of the current guidelines, go to: <http://www.aimspecialtyhealth.com/>.

We value and appreciate you as our partner in providing quality care, and appreciate your continued participation in our network.

Sincerely,

Allen Marino, M.D.  
Medical Director  
Anthem Blue Cross and Blue Shield