

February 1, 2019

RE: Medical Policy and Clinical UM Guidelines change notification letter

Dear Provider:

Anthem Blue Cross and Blue Shield and our subsidiary company, HMO Nevada (Anthem) are pleased to provide you with our updated and new medical policies. Anthem will also be implementing changes to our Clinical Utilization Management (UM) Guidelines that are adopted for Colorado/Nevada. The Clinical UM guidelines published on our website represent the clinical UM guidelines currently available to all Plans for adoption throughout our organization. Because local practice patterns, claims systems and benefit designs vary, a local Plan may choose whether or not to implement a particular clinical UM guideline. The link below can be used to confirm whether or not the local Plan has adopted the clinical UM guideline(s) in question. Adoption lists are created and maintained solely by each local Plan.

The major new policies and changes are summarized below. Please refer to the specific policy for coding, language, and rationale updates and changes that are not summarized below.

Adopted Clinical UM Guidelines effective May 1, 2019:

- **CG-MED-74 Implantable Ambulatory Event Monitors and Mobile Cardiac Telemetry:** This document addresses implantable ambulatory event monitors. This document also addresses external mobile cardiac telemetry (also referred to as real-time remote heart monitors or mobile outpatient cardiac telemetry).
- **CG-MED-76 Magnetic Source Imaging and Magnetoencephalography:** This document addresses magnetic source imaging (MSI) and magnetoencephalography (MEG).
- **CG-SURG-34 Diagnostic Infertility Surgery:** This document addresses the use of hysteroscopy and laparoscopy for diagnostic work-up of infertility.
- **CG-SURG-81 Cochlear Implants and Auditory Brainstem Implants:** This document addresses cochlear implants, auditory brainstem implants, and replacement or upgrade of speech processor and controller components.

Anthem Medical Policies and Clinical UM Guidelines are developed by our national Medical Policy and Technology Assessment Committee. The Committee, which includes Anthem medical directors and representatives from practicing physician groups, meets quarterly to review current scientific data and clinical developments.

All coverage written or administered by Anthem excludes from coverage, services or supplies that are investigational and/or not medically necessary. A member's claim may not be eligible for payment if it was determined not to meet medical necessity criteria set in Anthem's medical policies. Review procedures have been refined to facilitate claim investigation.

Anthem’s Medical Policies and Clinical UM Guidelines are available online:

The complete list of our Medical Policies and Clinical UM Guidelines may be accessed on Anthem’s Web site at anthem.com. Select **Providers**, and **Providers Overview**. Select **Find Resources for Your State** and pick **Nevada**. On the **Provider Home** page, from the **Medical Policy, Clinical UM Guidelines, Pre-Cert Requirements tout** (2nd blue box on the left side of page), select **enter**. Select the link titled “[Medical Policies and Clinical UM Guidelines \(for Local Plan Members\)](#)”. Choose **Continue**, then select the either the [Medical Policies](#) or the [UM Guidelines](#) tab.

To view the list of specific clinical UM guidelines adopted by Nevada, navigate to the Disclaimer page by following the instructions above; scroll to the bottom of the page. Above the “Continue” button, choose the link titled “[Specific Clinical UM Guidelines adopted by Anthem Blue Cross and Blue Shield of Nevada.](#)”

Sincerely,



Allen Marino, M.D.
Medical Director
Anthem Blue Cross and Blue Shield