

HEDIS® 2018 COMMERCIAL HMO and PPO Report

Anthem Blue Cross and Blue Shield – Central Region

Indiana, Kentucky, Missouri, Ohio, Wisconsin

HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA)

Measure Name	HMO Anthem BCBS in MO	HMO Anthem BCBS of WI	PPO Anthem BCBS in IN	PPO Anthem BCBS in OH
Effectiveness of Care - Prevention and Screening				
Adult BMI Assessment	89.67	88.33	78.91	81.63
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents - BMI Total	62.09	78.23	62.84	72.62
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents - Counseling for Nutrition Total	67.08	70.63	63.08	66.50
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents - Counseling for Physical Activity Total	62.09	65.57	55.99	63.33
Childhood Immunization Status - Combo10	55.32	60.53	52.55	49.15
Immunizations for Adolescents - Combo 1	65.30	80.05	78.83	81.75
Immunizations for Adolescents - Combo 2^^	15.98	24.33	21.17	21.65
Breast Cancer Screening Ages Total^^	69.87	74.82	72.45	68.91
Cervical Cancer Screening	67.01	69.60	72.82	68.58
Colorectal Cancer Screening	63.92	65.21	61.52	59.60
Chlamydia Screening in Women - Total	43.78	34.99	45.49	42.84
Effectiveness of Care- Respiratory Conditions				
Appropriate Testing for Children With Pharyngitis	82.77	85.27	83.87	86.17
Use of Spirometry Testing in the Assessment and Diagnosis of COPD	39.13	34.07	40.39	35.75
Pharmacotherapy Management of COPD Exacerbation (Corticosteroid)	83.78	76.60	76.65	71.54
Pharmacotherapy Management of COPD Exacerbation (Bronchodilator)	67.57	85.11	79.15	72.85
Effectiveness of Care- Cardiovascular				
Controlling High Blood Pressure	66.87	73.48	52.06	57.98

Measure Name	HMO Anthem BCBS in MO	HMO Anthem BCBS of WI	PPO Anthem BCBS in IN	PPO Anthem BCBS in OH
Persistence of Beta-Blocker Treatment after a Heart Attack	NA	89.13	86.11	80.00
Effectiveness of Care- Diabetes				
Comprehensive Diabetes Care - HbA1c Testing	92.21	92.46	89.78	88.02
Comprehensive Diabetes Care - Poor HbA1c Control (>9)*	21.41	24.57	32.85	31.54
Comprehensive Diabetes Care HbA1C Good Control (<8)	67.40	65.45	54.74	56.23
Comprehensive Diabetes Care - Eye Exams	51.82	54.01	57.18	50.86
Comprehensive Diabetes Care - Medical attention for nephropathy	89.05	91.48	89.54	88.75
Comprehensive Diabetes Care Blood Pressure Control <140/90	68.86	78.10	63.26	65.28
Effectiveness of Care- Musculoskeletal				
Disease Modifying Anti-Rheumatic Drug Therapy	90.91	93.64	84.49	86.13
Effectiveness of Care- Medication Management				
Annual Monitoring for Patients on Persistent Medications Total^^	82.59	84.33	80.50	83.74
Effectiveness of Care- Overuse / Appropriateness				
Imaging Studies for Low Back Pain	75.92	76.32	72.76	71.73
Access/Availability of Services				
Prenatal and Postpartum Care - Timeliness of Prenatal Care	89.95	87.41	86.74	85.67
Prenatal and Postpartum Care - Postpartum Care	85.39	83.33	74.19	72.59
Utilization and Risk Adjusted Utilization - Utilization				
Well Child Visits in the First Fifteen Months of Life (6+ visits)	82.64	82.87	84.39	82.38
Well Child Visits in the Third, Fourth, Fifth and Sixth Year of Life	72.30	77.79	76.53	75.39
Adolescent Well Care Visits	39.51	43.67	47.51	43.85

^^Due to changes in the measure, it is not trendable for previous years.

* Combination	DTaP	IPV	MMR	HiB	HepB	VZV	PCV	HepA	RV	Influenza
Combination 10	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Following is a brief analysis of some of the measures for Commercial HMO and Commercial PPO. Overall, PPO rates tend to be better than HMO rates, and it is also worth noting that the national averages for these products are different, as well.

Commercial HMO/POS

Rates are reported for Missouri and Wisconsin; however, rates are not reported for Indiana, Kentucky and Ohio due to smaller populations. Many **Commercial** rates for Missouri and Wisconsin improved and/or exceeded the national average. Measures with rate increases include:

	MO	WI
Adult BMI Assessment	X	X
Weight Assessment and Counseling - BMI total		X
Weight Assessment and Counseling - Counseling for Nutrition	X	X
Weight Assessment and Counseling – Counseling for Physical Activity	X	X
Childhood Immunization Status - Combo 10	X	
Colorectal Cancer Screening	X	X
Controlling Blood Pressure		X
Comprehensive Diabetes Care: A1c >9 and <8	X	
Comprehensive Diabetes Care: Blood Pressure <140/90	X	X
Prenatal and Postpartum – Prenatal Care		X

Measures where there are opportunities for improvement include:

	MO	WI
Weight Assessment and Counseling - BMI Total	X	
Immunizations for Adolescents - Combo 1	X	
Cervical Cancer Screening	X	X
Chlamydia Screening in Women - Total	X	X
Adolescent Well Care Visits	X	X
Comprehensive Diabetes Care – Nephropathy	X	
Comprehensive Diabetes Care – DRE	X	X
Prenatal and Postpartum – Prenatal Care		X

- *Adolescent Immunizations:* While rates improved in Missouri for MENIN, TDAP and Combo 1, they are still below the national average.
- *Childhood Immunizations:* The Combo 10 rate decreased in Wisconsin, but it is still above the national average. In Missouri, rates improved for DTAP, MRR, Rotavirus and Influenza, but DTAP and Influenza are still below the national average. There is room for improvement in both states for HEP A. Wisconsin
- *Controlling Blood Pressure:* The Missouri rate dropped, but it is still above the national average.
- *Comprehensive Diabetes Care:* Attention for Nephropathy improved in Missouri, but it is below the national average.
- *Prenatal/Postpartum Care:* In Wisconsin, the Timeliness for Prenatal Care rate decreased, and the Postpartum rate increased. However, both prenatal and postpartum are above the national average for both states.

Commercial PPO

Commercial PPO rates improved and/or exceeded the national average. Measures with rate increases include:

	IN	OH
Adult BMI Assessment	X	
Weight Assessment and Counseling - BMI total		X
Weight Assessment and Counseling - Counseling for Nutrition	X	X
Weight Assessment and Counseling - Physical Activity	X	X
Immunizations for Adolescents – Combo 1	X	X
Colorectal Cancer Screening	X	X
Comprehensive Diabetes Care - Nephrology	X	X
Well Child visits – All	X	X

- *Childhood Immunizations:* The Influenza rate increased in Indiana.
- *Weight Assessment and Counseling for Nutrition and Physical Activity:* All three rates (BMI, Nutrition and Physical Activity) increased in Ohio and are above the national average.

Measures where there are opportunities for improvement:

	IN	OH
Controlling Blood Pressure	X	X
Prenatal/Postpartum Care	X	
Comprehensive Diabetes Care – HbA1c Testing		X

- *Prenatal/Postpartum Care:* While both rates decreased in Indiana, the Timeliness of Prenatal Care is still above the national average.
- *Controlling Blood Pressure:* Rates dropped in both states.